



## *Kennedy Chiropractic Centre* August Newsletter

### **Welcome to the World Fletcher!**

We are very excited to welcome baby Fletcher to the Kennedy Chiropractic Centre family. He was born at 11:59pm Monday 31<sup>st</sup> July, 8lb 2oz. Hamish is being a very good big brother, although he seems to have wanted a sister and has asked for one next time (if there is a next time).



## Tracy and Glen Update

Glen is quickly coming up to 3 months post double lung transplant. He and Dr Tracy are both doing well and are still in Brisbane close to the hospital. It has been an intense experience for all, but Glen is excelling in his recovery. They would like to thank everyone for the continued thoughts, wishes and prayers.

## Product Review - Do Terra Essential Oils

### **OnGuard \$45 15ml**

Use for:

- killing germs & airborne pathogens
- boosting the immune system
- colds & flu
- staph, strep throat & cough
- cold sores, warts & infected wounds
- oral health, fungal & parasite issues
- urinary tract support
- antiseptic & laundry cleaner
- chronic fatigue & autoimmune disease



### **Easy Air \$35 15ml**

Use for:

- pneumonia & asthma
- allergies
- cough & congestion
- bronchitis & influenza
- sinusitis & nasal polyps
- sleep issues
- constricted breathing
- exercise-induced asthma



# Staff Update

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**Dr Hart**



Dr Hart spent a few days in Darwin in July, enjoying the sunshine and warmth. Very appropriately as he was attending a Sunbeam motorcycle rally. Sunbeams were an English bike, manufactured until the 1950's. He really likes them!

Dr Hart is at work on Monday and Thursday.

**Dr Chan**



Dr Chan had a busy month working in Brisbane Caloundra and Toowoomba – “tour de Southeast Queensland”. She has had a couple of lovely Saturday afternoons up in Maleny enjoying late afternoon fire, BBQ, & vino with family & friends taking advantage of this beautiful winter. Dr Tara joined her for one of these outside fire evenings.

Dr Chan works Friday & Saturdays fortnightly.

**Dr Tara**



Dr Tara had a lovely winter mini break up to Maleny with Dr Chan. She's been enjoying the crisp winter days. Tara is looking forward to heading up to Emerald soon for her nieces Christening and back up to Maleny again for her best friends Bachelorette weekend.

Dr Tara works Tuesday, Wednesday, Thursday, Friday and Saturdays.

**Dr Luke**



Dr Luke has settled in to Toowoomba and is enjoying discovering the local café's and other hot spots in and around the garden city. Coming from Brisbane, he is still working out how to deal with the cold mornings, but overall, Luke has enjoyed his first month at KCC. Dr Luke works Monday, Tuesday, Wednesday, Friday afternoon and Saturday morning.

**Sue**



Sue is counting the sleeps until Joanna & Romain return from Belgium for a very brief visit in early August. She will be taking a couple of days off during that time and is very grateful to Natalie and Leiza for allowing that to happen.

**Natalie**



Natalie is enjoying “just” being a mum after 26 years as both mum and carer, the NDIS has finally kicked in to give Mitchell the care he requires and for me to take a step back...There has definitely been some tears from my side letting go and taking a step back...My regular adjustments always help me, keep a healthy balance with those good old emotions that we all have...

**Leiza**



Leiza has had a very pleasant July with lots of rides to various lovely parks and towns in SEQ. Cooking on the cold days, freezing some and enjoying the quick meals on the busy days.

## *Kennedy Chiropractic Centre - Calendar and hours*

August					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>31 July</b> Dr Hart Dr Luke	<b>1 August</b> Dr Tara Dr Luke	<b>2</b> Dr Tara Dr Luke	<b>3</b> Dr Tara Dr Hart	<b>4</b> Dr Tara - AM Dr Chantal Dr Luke -PM	<b>5</b> Dr Chantal Dr Luke
<b>7</b> Dr Hart Dr Luke	<b>8</b> Dr Tara Dr Luke	<b>9</b> Dr Tara Dr Luke	<b>10</b> Dr Tara Dr Hart	<b>11</b> Dr Tara Dr Chantal Dr Luke -PM	<b>12</b> Dr Tara Dr Chantal Dr Luke
<b>14</b> Dr Hart Dr Luke	<b>15</b> Dr Tara Dr Luke	<b>16</b> Dr Tara Dr Luke	<b>17</b> Dr Tara Dr Hart	<b>18</b> Dr Tara Dr Luke -PM	<b>19</b> Dr Tara Dr Luke
<b>21</b> Dr Hart Dr Luke	<b>22</b> Dr Tara Dr Luke	<b>23</b> Dr Tara Dr Luke	<b>24</b> Dr Tara Dr Hart	<b>25</b> Dr Tara Dr Chantal Dr Luke -PM	<b>26</b> Dr Chantal Dr Tara Dr Luke
<b>28</b> Dr Hart Dr Luke	<b>29</b> Dr Tara Dr Luke	<b>30</b> Dr Tara Dr Luke	<b>31</b> Dr Tara Dr Hart		
September					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Dr Tara Dr Chantal Dr Luke- PM	<b>2</b> Dr Luke Dr Chantal
<b>4</b> Dr Hart Dr Luke- PM	<b>5</b> Dr Tara Dr Luke	<b>6</b> Dr Tara Dr Luke	<b>7</b> Dr Tara Dr Hart	<b>8</b> Dr Tara Dr Luke	<b>9</b> Dr Tara Dr Luke
<b>11</b> Dr Hart Dr Luke- PM	<b>12</b> Dr Tara Dr Luke	<b>13</b> Dr Tara Dr Luke	<b>14</b> Dr Tara Dr Hart	<b>15</b> Dr Tara Dr Luke	<b>16</b> Dr Tara Dr Luke
<b>18</b> Dr Hart Dr Luke- PM	<b>19</b> Dr Tara Dr Luke	<b>20</b> Dr Tara Dr Luke	<b>21</b> Dr Tara Dr Hart	<b>22</b> Dr Tara Dr Luke	<b>23</b> Dr Tara Dr Luke
<b>25</b> Dr Hart Dr Luke- PM	<b>26</b> Dr Tara Dr Luke	<b>27</b> Dr Tara Dr Luke	<b>28</b> Dr Tara Dr Hart	<b>29</b> Dr Tara Dr Luke	<b>30</b> Dr Luke

### Want an appointment?

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We're on the Web! [www.kennedychiro.com](http://www.kennedychiro.com)

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