

# February 2014 Newsletter

## *Kennedy Chiropractic Centre*

Is turning **50**

We want you to celebrate with us.

Saturday 22<sup>nd</sup> March 2014.

1pm - 4pm

Front Lawn

130 Russell Street, Toowoomba

Cake cutting at 2pm

Tea and bikkies will be served throughout the afternoon

Master of Ceremonies:

*Cr. Bill Cahill*

Honourable guests:

*“Lifers” - patients who started care on or before 1964*

If you know of anyone who is a lifer that would like to attend  
please let us know.

All are welcome.

Please RSVP by 10<sup>th</sup> March 2014

What we got up to in January  
Australia day and kids adjusting day



Congratulations to Cara Woods & Lisa Clancy– on their acceptance into the new chiropractic course in Brisbane at CQUniversity. The campus is in town just next to King George Square.

Congratulations to all the mums and dads that brought their children in for the Aussie Kids adjusting day. We checked over 60 children ready for the school year.

A special note to Curtis and Lucy for dressing as 'Mick Dundee' & 'Miss Australia'.

## Half Hour to Health

*Would you like an Adjustment Voucher?  
Attend one of our twice monthly health talks.*

**BOOK IN NOW**

**LIMITED SEATS AVAILABLE**

**Wednesday 5<sup>th</sup> and Tuesday 18<sup>th</sup> February at 6PM**

We're on the Web!

[www.kennedychiro.com](http://www.kennedychiro.com)

or follow us on facebook

<https://www.facebook.com/KennedyChiropractic>

## Staff Update

**Dr Hart**

Dr Hart has returned from Russia and the USA and thawed out. He has been busy working out the details of the 50<sup>th</sup> celebration for Kennedy Chiropractic Centre. He took over the practice from Dr Randy Parker. We are impressed at the number of "lifers" that have been coming for a regular tune up for over 50 years.

Saturday the 22<sup>nd</sup> march should be a memorable day marking a significant milestone for the business. Please come and celebrate with us.

Dr Hart is available Monday and Thursday.

**Dr Chan**

Dr Chan had a lovely weekend trail running & wine tasting in Stanthorpe this month. She also went kayaking up Mooloolah river with her hiking friends, which was a laugh. Other Feb activities include indoor rock climbing, running & cycling. Dr Chan is also excited by the discovery of TRX core suspension training. Designed by ex navy seal. It's Excellent for core strength & posture. Ask Dr Chan for more info.

Dr Chan is available Friday and Saturday

**Dr Sandie**

January has been a fun filled month for Dr Sandie. She was going to have her first go at water skiing at Lake Coolmunda but it was a bit choppy so she just went on the biscuit & had so much fun she was giggling like a school girl. Dr Sandie did a sourdough /fermentation workshop where she learnt how to make sourdough, sauerkraut & other fermented foods that are important for a healthy digestive system. She has also had two weekends away at the Sunshine Coast.

Dr Sandie is available on Monday, Tuesday, Wednesday and Thursday.

**Sue**

Sue had a special family dinner on Friday night the 27<sup>th</sup> January, celebrating the 100th Birthday of her late father. He was a patient of Dr Hart Kennedy for many years and was responsible for Sue coming in as a patient at KCC. Sue then a lovely weekend in Maleny.

**Ellen**

Ellen has been enjoying her time at home in the Sunshine State. She spent a few days at the beach with family and enjoyed getting into the Australia Day spirit at the office. She is now ready to head back to Melbourne and start the masters of Chiropractic program at R.M.I.T.

**Dr Tracy**

February starts up the busy part of the year for Dr Tracy, with much travel and study planned. Feb 10th she officially attends the opening of the CQU Chiropractic course in Brisbane. Congratulations to Cara & Lisa, both patients of KCC that have been inspired to study chiropractic. Then an engagement of Dr Cate Andrews Chiropractor in Goondiwindi. Then she will evaluate at a DG seminar in Melbourne. Dr Tracy will be working part time so that she has time to work on the projects and study ahead. Many thanks to Dr Kirstie working the extra days.

Dr Tracy has variable days – please check with reception.

**Dr Meghan**

Dr Meghan enjoyed the last of the school holidays with Claire and Arthur. Claire even came into the office for a couple of days to help out with kids day and around the office. We have an office girl in the making. Of course that's just until she goes off to become a Chiro. So mum hopes! Dr Meghan will working Fridays this year to enable her to have more time with the family.

Dr Meghan is available Friday.

**Dr Kirstie**

Kirstie had a relaxing start to January, enjoying some quiet time in Adelaide, visiting a few wineries and the beach.

She thoroughly enjoyed getting adjusted after riding 90km through the Adelaide Hills on a 50cc scooter!

Kids Adjusting Day was a highlight back in Toowoomba. It was great to see so many families getting checked before heading back to school. Kirstie has enjoyed her first month at KCC as a Chiropractor, and is looking forward to a great 2014.

Dr Kirstie is available Monday, Tuesday, Wednesday, Thursday and Saturday.

**Natalie**

Like us all, Nat is just settling into the New Year.... "I know 2014 is going to be an exceptional year for me, as they say positive thinking is the best way to start..."

Speaking of positive, we have been doing some preparations for our upcoming 50th year at Kennedy's. The testimonials I have scanned and read are amazing, (many from before I was born). It is a real privilege to be a part of this awesome journey of chiropractic care"

**Bob  
(the handyman)**

Many thanks to Bob for keeping the lawn and hedge under control. Bob is our resident handyman - trims the trees and other general maintenance.

He has been sad that he has been left out of the newsletter to date.

Thanks Bob for keeping up the good work!



## Kennedy Chiropractic Centre Calendar and hours

Monday 8am-12pm 2pm-5pm	Tuesday 7:30am-11:30am 2pm-6:30pm	Wednesday 8am – 12pm 2pm – 6pm	Thursday 8am-12pm 2pm-5pm	Friday 7:30am-12pm 2pm-6:30pm	Saturday 8am-12pm
<b>February 2014</b>					
					<b>1</b> Dr Chan Dr Kirstie Dr Tracy
<b>3</b> Dr Hart Dr Sandie Dr Kirstie	<b>4</b> Dr Sandie Dr Kirstie	<b>5</b> Dr Meghan Dr Kirstie <b>Half Hour to Health</b>	<b>6</b> Dr Hart Dr Sandie Dr Kirstie	<b>7</b> Dr Chan Dr Meghan	<b>8</b> Dr Chan Dr Kirstie Dr Tracy
<b>10</b> Dr Hart Dr Sandie Dr Kirstie	<b>11</b> Dr Sandie Dr Kirstie	<b>12</b> Dr Tracy Dr Meghan Dr Kirstie	<b>13</b> Dr Hart Dr Sandie Dr Kirstie	<b>14</b> Dr Chan Dr Meghan	<b>15</b> Dr Chan Dr Kirstie Dr Tracy
<b>17</b> Dr Hart Dr Sandie	<b>18</b> Dr Sandie Dr Kirstie <b>Half Hour to Health</b>	<b>19</b> Dr Sandie Dr Kirstie	<b>20</b> Dr Hart Dr Sandie Dr Kirstie	<b>21</b> Dr Chan Dr Kirstie	<b>22</b> Dr Chan Dr Kirstie
<b>24</b> Dr Hart Dr Sandie Dr Kirstie	<b>25</b> Dr Sandie Dr Kirstie	<b>26</b> Dr Sandie Dr Kirstie	<b>27</b> Dr Hart Dr Sandie Dr Kirstie	<b>28</b> Dr Chan Dr Meghan	<b>March 1</b> Dr Chan Dr Kirstie Dr Tracy
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<b>24</b> Dr Hart Dr Sandie Dr Kirstie	<b>25</b> Dr Sandie Dr Kirstie	<b>26</b> Dr Sandie Dr Kirstie	<b>27</b> <b>Closed for Toowoomba Show holiday</b>	<b>28</b> Dr Chan Dr Meghan	<b>29</b> Dr Chan Dr Kirstie Dr Tracy
<b>31</b> Dr Hart Dr Sandie Dr Kirstie					

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