



## *Kennedy Chiropractic Centre* **September Newsletter**

### **Chiro-for-Kids Special Event – 21<sup>st</sup> to 26<sup>th</sup> September**

Spring is around the corner and it is time for our special Kids Adjusting Event. Ellen will be adjusting kids during the carnival week, 21-26 September. Phone 46391060 for times to have all your children (birth to high school) checked and adjusted for no fee.



### **Dr Chantal has returned to Kennedy Chiropractic (again)**

Dr Chantal is well back into the swing of Kennedy Chiropractic Centre and has swapped her plane for an activator. Welcome back Dr Chan! Dr Tracy told Dr Chan that we are never having another farewell for her ☺

### **Parker Seminar 2015 Gold Coast**

The team attended the Parker seminar last month and got lots of great comments about the team T-shirts.



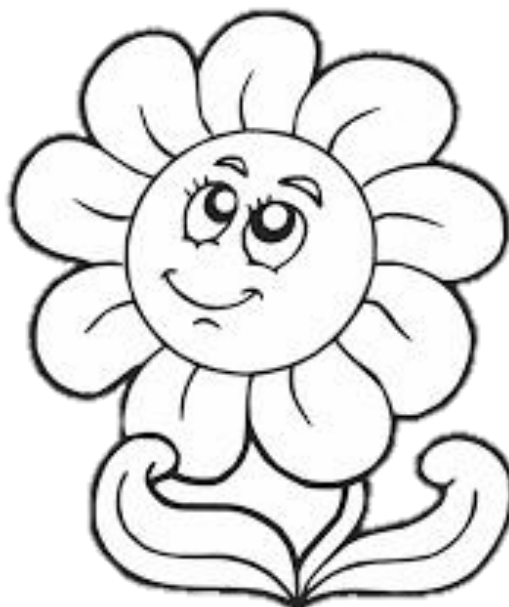
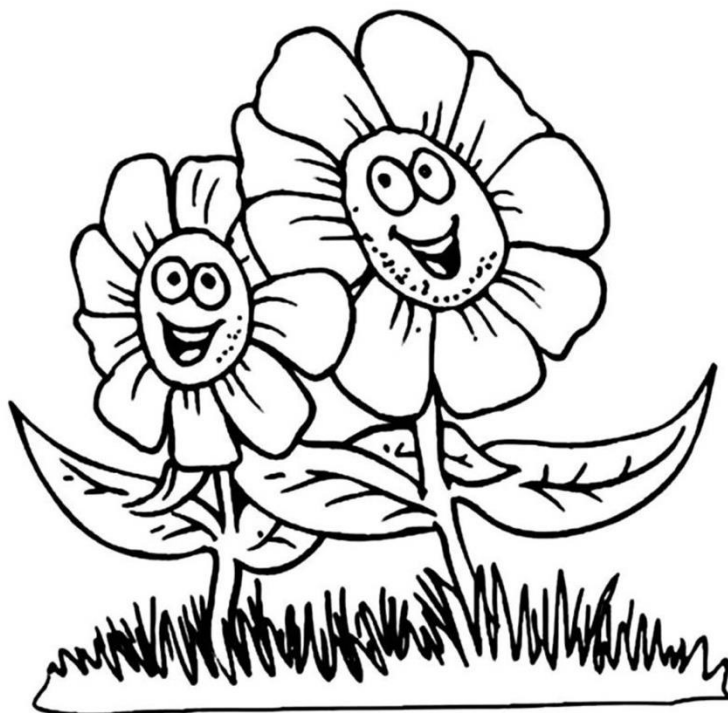
### **Annual Loud Shirt Competition**

Carnival of flowers always inspires us to have a “loud shirt” competition. We would love to see you in your best floral loud shirt this year for carnival (we will be wearing ours all week starting Saturday 19<sup>th</sup>).

(No: Hi-Vis does not count when you wear it to work everyday ☺).

# *Kennedy Chiropractic Centre* Spring Colouring competition!

Kids, bring this colouring-in sheet to the office between the 21<sup>st</sup> and 26<sup>th</sup> September and be in the running for some cool prizes!



Name:

Age:

**Staff Update**

**Dr Hart**



At a recent conference, much time was spent on discussing our resistance to 'disease carrying germs'. Skin of course, is number one barrier to the body's resistance. Skin sometimes can develop cracks and gaps, as in dry skin, even to the point of cracking down to the deep layers. Dry skin is normally avoided when we perspire, because natural skin oil and perspiration are selected by the same mechanism. Perspiration, let's call it sweat; kills many germs. Less sweat equals more germs. This can explain why for many more colds and flu are present in the wintertime. Simple isn't it? Dr Hart is working Mondays and Thursdays.

**Dr Tracy**



Last month Dr Tracy enjoyed some time off with Glen in Cairns. She has also been working with Ellen with and her clinical placement as the last part of her Chiropractic education. Dr Tracy and Ellen will be doing a Kids adjusting week for the September school holidays (21 – 26<sup>th</sup> September).

Dr Tracy works Monday, Tuesday, Wednesday and Saturdays.

**Dr Chan**



Dr Chan is back in the swing of life in Australia after 7 months away. She has enjoyed being back at KCC seeing patients again. After photographing in Patagonia for 13 years, Dr Chan has been given an opportunity to publish a series of books. The chief editor from National Geographic magazine in USA will be helping collaborate this project. Aside from a quick trip to Bali to visit brother Jason later in the year Dr Chan is bunking down and getting into Chiropractic, Nutrition diploma and book design for the first book "Wings for Conservation". Dr Chan will be working Fridays and Saturdays.

**Dr Tara**



Dr Tara has had a very busy month with her new puppy "Lucca". Dr Tracy's dog Texas (our office mascot) is not impressed!

She has also enjoyed the sight of the tulips popping up in Laurel Bank Park and is looking forward to her first Toowoomba carnival.

Dr Tara is working Tuesday through Saturdays every week.

**Dr Sandie**



Dr Sandie is very excited about the start of spring. She has been back in the garden after much neglect and is looking forward to the carnival of flowers. Dr Sandie will also be attending a Chiropractic "Kids Summit" in Sydney.

Dr Sandie is working Wednesday morning, Friday afternoon and Saturday mornings.

**Sue**



Sue would like to say a very big 'Thank You' to Brooke, for covering for her while she was sick with the flu. From all accounts, Brooke did an amazing job and took it all in her stride. Sue is looking forward to Christmas this year, as her daughter Andrea, from Perth and her daughter Joanna and her partner Romain from Belgium, will be coming home for a few weeks. She is doubtful whether her daughter Sarah and her fiancé from Canada will be here, as Sarah's residency hasn't come through yet, therefore, she can't leave Canada until it does. Fingers crossed!

**Natalie**



As a team we attended the Parker seminar. It was a fabulous opportunity for Natalie to learn more skills as CA and also realising the benefits of chiropractic... Thanks Dr Tracy

**Brooke**



Brooke has thoroughly enjoyed the 2 months that she has been here. She would like to thank all the lovely patients that have been very polite and helpful when both Sue and Natalie were sick and she had to hold the fort by herself. She is looking forward to being apart of the Loud Shirt Competition, even though she hasn't found one just yet...

**Ellen**

Ellen has had a busy few weeks packing up and driving the 1600kms from Melbourne to Toowoomba – she is feeling very grateful for her cruise control on the long trips. Ellen has enjoyed her first few weeks of clinic placement at KCC and is looking forward to our upcoming Kids adjusting week in September. She is now on the hunt for a stunner 'loud shirt' for the Carnival of flowers week.

**Helen**  
(Dr Tracy's mum)

Thanks Helen for potting some fresh hanging baskets for the carnival this year. They will hopefully be in full flower for the carnival week.

**Rose**

Keep an eye out for our work experience student, Rose, from St Ursula's. She will be with us 14<sup>th</sup> – 19<sup>th</sup> September. She is interested in being a chiropractor.



## Kennedy Chiropractic Centre - Calendar and hours

Monday 8am-12pm 2pm-5:00pm	Tuesday 7:30am-11am 2pm-6:30pm	Wednesday 8am –12pm 2pm –6pm	Thursday 8am-12pm 2pm-5pm	Friday 7:30am-12pm 2pm-6:30pm	Saturday 8am-11am
<b>September 2015</b>					
	<b>1 September</b> Dr Tara Dr Tracy Ellen	<b>2</b> Dr Tara Dr Tracy Dr Sandie Ellen	<b>3</b> Dr Hart Dr Tara Ellen	<b>4</b> Dr Chantal Dr Tara	<b>5</b> Dr Tara Dr Chan Dr Tracy Ellen
<b>7</b> Dr Hart Dr Tracy Ellen	<b>8</b> Dr Tara Dr Tracy Ellen	<b>9</b> Dr Tara Dr Tracy Dr Sandie Ellen	<b>10</b> Dr Hart Dr Tara Ellen	<b>11</b> Dr Chantal Dr Tara Dr Sandie	<b>12</b> Dr Tara Dr Chan Dr Sandie Ellen
<b>14</b> Dr Hart Dr Tracy Ellen	<b>15</b> Dr Tara Dr Tracy Ellen	<b>16</b> Dr Tara Dr Tracy Dr Sandie Ellen	<b>17</b> Dr Hart Dr Tara Ellen	<b>18</b> Dr Chantal Dr Tara Dr Sandie	<b>19</b> Dr Chan Dr Tracy Dr Sandie <b>Carnival Day</b>
<b>Carnival Loud shirt competition – Kids Adjusting Week 21<sup>st</sup> to 26<sup>th</sup> September</b>					
<b>21</b> Dr Hart Dr Tracy Ellen	<b>22</b> Dr Tara Dr Tracy Ellen	<b>23</b> Dr Tara Dr Tracy Dr Sandie	<b>24</b> Dr Hart Dr Tara Ellen	<b>25</b> Dr Chantal Dr Tara Dr Sandie	<b>26</b> Dr Tara Dr Chan Dr Sandie
<b>28</b> Dr Hart Dr Tracy Ellen	<b>29</b> Dr Tara Dr Tracy Ellen	<b>30</b> Dr Tara Dr Sandie Ellen	<b>1 October</b> Dr Hart Dr Tara Ellen	<b>2 October</b> Dr Chantal Dr Tara Dr Sandie	<b>3 October</b> Dr Chantal Dr Tara Dr Sandie
<b>October 2015</b>					
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<b>5 October</b> <b>Labour Day Holiday</b>	<b>6</b> Dr Tara Dr Chantal Ellen	<b>7</b> Dr Tara Dr Sandie Dr Chantal Ellen	<b>8</b> Dr Hart Dr Tara	<b>9</b> Dr Chantal Dr Tara Dr Sandie	<b>10</b> Dr Chantal Dr Tara Dr Sandie
<b>12</b> Dr Hart	<b>13</b> Dr Tara	<b>14</b> Dr Tara Dr Sandie	<b>15</b> Dr Hart Dr Tara	<b>16</b> Dr Chantal Dr Tara Dr Sandie	<b>17</b> Dr Tara Dr Sandie
<b>19</b> Dr Hart Dr Tracy	<b>20</b> Dr Tara Dr Tracy	<b>21</b> Dr Tara Dr Tracy Dr Sandie	<b>22</b> Dr Hart Dr Tara	<b>23</b> Dr Tracy Dr Tara Dr Sandie	<b>24</b> Dr Tracy Dr Tara Dr Sandie
<b>26</b> Dr Hart Dr Tracy	<b>27</b> Dr Tara Dr Tracy	<b>28</b> Dr Tara Dr Tracy Dr Sandie	<b>29</b> Dr Hart Dr Tara	<b>30</b> Dr Tracy Dr Tara Dr Sandie	<b>31 Halloween</b> Dr Tracy Dr Tara Dr Sandie

**Want an appointment?**

Phone: 07 46391060 or email: [healthy@kennedychiro.com](mailto:healthy@kennedychiro.com)

We're on the Web! [www.kennedychiro.com](http://www.kennedychiro.com)

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